

# Freestyle Confessions FAQ

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## **Who can read these confessions?**

Freestyle Confessions are exclusive content that can be viewed by any of our LST Insiders. The stories are published *anonymously*, so we won't reveal any information about our confessors' identities. Any personal information submitted by a confessor is only used internally within our LST database.

## **Can I submit my confession via dm, email, or another form of communication?**

No, Freestyle Confessions submitted outside of our form will not be considered.

## **How do you choose which confessions to share?**

We consider the confessor's income, occupation, and location; the level of honesty, coherence, and quality of the writing; and timeliness. We do ask for pronouns to ensure proper use, but we do not ask about our confessors' races, ethnicities, or sexual orientations unless they choose to disclose that information in their entries. We try our best to represent the experiences of all diarists to the best of our ability.

## **Can I confess a date night with my partner?**

We love a good date night story, however, Freestyle Confessions work to help fight social anxiety amongst singles. Unless you and your partner go out to freestyle and meet singles together we have no plans to publish couple confessions.

## **What should I include when calculating my evening spend amount?**

Calculate everything spent through-out your freestyling session. Including anything like transportation, beverages, food, tips. You can also include membership expenses if you go to a private lounge or club. Even if you didn't directly pay for an expense while you were out, try to include it in the spend amount to the best of your abilities.

## **Should I include anything I got for free or someone else covered in my confession?**

Yes, we love to see you being treated. Just share a little about it in the time block this happened.

## **When should I start tracking my evening?**

Tracking your freestyling experience should start at the time you begin getting ready. Tell us a little bit about how you feel at this moment and shed some light on what you do during this hour. Continue the remaining time blocks with the same format. Write to us like you would a diary starting from the top of your experience.